

# COAST & COUNTRY

## Primary Care Network

Serving Holsworthy, Bude and surrounding villages



## Member Practices

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### **Bradworthy Surgery**

The Square, Bradworthy  
01409 241215

### **Hatherleigh Medical Centre**

Bridge Street, Hatherleigh  
01409 253692

### **Holsworthy Medical Centre**

Dobles Lane, Holsworthy  
01409 253692

### **Neetside Surgery**

Leven Road, Bude  
01288 270580

### **Stratton Medical Centre**

Hospital Road, Stratton  
01288 352133

## PCN Contacts

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### **Dr Harpreet Jones-Pahdi**

Interim Clinical Director  
Ruby Country Medical Group

### **Vicky Parker**

Operations Manager  
Holsworthy Medical Centre  
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# What is a Primary Care Network (PCN)?

PCNs were started in 2019 because:

- the population is growing
- people are living longer
- people have more complex health needs and require personalised healthcare
- GP services are now extra busy

*Practices can now work together to look after the local populations, forming a network of:*

- *healthcare services*
- *community and voluntary services*
- *mental health services*
- *social care services*

PCNs bring together patient communities of between **35,000** to **50,000** patients. Our PCN is called **Coast & County**. Covering five practices in Devon and Cornwall, it was formed in July 2019 with 4 staff. It now has well over 30 and is growing quickly.



Join the Coast & County  
Community on Facebook

# How does a PCN benefit patients?

Coast & County PCN aims to provide care in different ways to match people's need in:

- mental health
- physical health
- social health



Patients now have access to new services, delivered by people with expert knowledge and skills, in a way that's personal to them, considering **health AND wellbeing**. These include:

- Social Prescribers
- Health and Wellbeing Coaches
- Diabetes Care Coordinator
- Clinical Pharmacists
- Mental Health Practitioners
- Paramedics & Visiting Teams

... all available at each practice.

We'll also be able to offer **appointments** with doctors & nurses outside normal working hours—in the **evening** and at **weekends**.

Working in this joined-up way gives everyone **more choice**, with services and **support shaped to fit** everyone individually, **in and beyond** the confines of the **practice buildings**.



**Healthcare where  
YOU are!**