

# Coast & Country

## Primary Care Network

Serving Holsworthy, Bude and  
surrounding villages



## Member Practices

---

### Bradworthy Surgery

The Square, Bradworthy  
01409 241215

### Hatherleigh Medical Centre

Bridge Street, Hatherleigh  
01409 253692

### Holsworthy Medical Centre

Dobles Lane, Holsworthy  
01409 253692

### Neetside Surgery

Leven Road, Bude  
01288 270580

### Stratton Medical Centre

Hospital Road, Stratton  
01288 352133

## Your PCN Contacts

---

### Dr Judy Parsons

Clinical Director

Ruby Country Medical Director

### Vicky Parker

Operations Manager

Holsworthy Medical Centre

E: [v.parker3@nhs.net](mailto:v.parker3@nhs.net)

# What is a Primary Care Network (PCN)

PCNs were started in 2019 because:

- the population is growing
- people are living longer
- people have more complex health needs and require personalised healthcare
- GP services are now extra busy

Practices can now work together to look after the local populations, forming a network of:

- **healthcare services**
- **community and voluntary services**
- **mental health services**
- **social care services**

PCNs bring together patient communities of between 35,000 to 50,000 patients. Our PCN is called **Coast & Country.**

Covering five practices in Devon and Cornwall, it was formed in July 2019 with 4 staff. It now has well over 30 and is still growing.



Join the Coast & Country Community on Facebook and Instagram



Subscribe to our quarterly newsletter via our website

# How does a PCN benefit patients?

Coast & Country PCN aims to provide care in different ways to match people's needs in:

- **mental health**
- **physical health**
- **social health**

Patients now have access to new services, delivered by people with expert knowledge and skills, in a way that's personal to them, considering **health AND wellbeing.**

These include:

- **Social Prescribers**
- **Health and Wellbeing Coaches**
- **Diabetes Care Coordinator**
- **Clinical Pharmacists**
- **Mental Health Practitioners**
- **Paramedics & Visiting Teams**

.....all available at each practice.

We'll be able to offer appointments with doctors and nurses outside normal working hours - in the evenings and weekends.

Working in this joined-up way gives everyone more choice with services and support shaped to fit everyone individually, in and beyond the confines of the practice buildings

**Healthcare where YOU are!**