

# Introducing Brave AI

## Using Technology to Help Us Help You

Nobody likes an unexpected trip to hospital. That's why we're using a new digital tool to help keep you safe and well at home.

This tool uses data to help identify people who might be at risk of becoming seriously unwell. If you're identified, we'll get in touch to invite you for a personalised assessment.

Our goal is simple: to support you early, so you can stay where you're happiest—at home, doing what matters to you.

Want to learn more? Speak to a member of staff or visit:

 <https://www.england.nhs.uk/south/our-work/digital-neighbourhoods/>

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## Patient FAQs – Brave AI Risk Assessment Tool

### Q1. Who or what is Brave AI and Bering Ltd?

**Brave AI** is a digital risk assessment tool created by **Bering Ltd**, a medical AI software company based in London. Bering is an **NHS-approved supplier**, building health and care systems to support better patient outcomes.

 [Visit Bering Ltd](#)

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### Q2. How does the AI tool work?

Brave AI uses **existing data** from your GP records to assess your risk of going into hospital unexpectedly within the next 12 months.

It works by spotting patterns in **anonymous data** using a secure algorithm, then generates a **personalised risk score**.

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### Q3. What difference will it make?

It helps GPs identify patients who may be at risk of becoming seriously unwell.

That means they can offer **earlier support and personalised care** to help people stay well and avoid hospital.

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#### Q4. Are other GP practices using it?

Yes. Brave AI is being rolled out to **over 130 surgeries** in the South West, following a successful pilot in **Somerset**.

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#### Q5. What about patient confidentiality?

- The tool only uses data **already held** by your GP practice.
- The information analysed by the AI is **anonymous**.
- Only authorised health and care professionals can see **identifiable** patient data.
- All access is tightly **monitored and controlled** by your GP practice.
- The tool meets strict NHS standards through the **Digital Technology Assessment Criteria (DTAC)**.

 [More about DTAC](#)

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#### Q6. Can I opt out?

Yes. If you don't want your data included in the Brave AI review, ask your GP practice to remove you.

Please note: the **national data opt-out** does **not** apply to risk assessments done as part of your care.

You'll always have the choice to **decline any assessment or support** offered after being identified.

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#### Q7. Is the tool looking for certain health conditions?

No. The tool doesn't focus on specific conditions.

It uses a **whole-person approach**, assessing both physical and mental health risks based on your existing records.

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## Q8. What care or support might I be offered?

If you're identified as at risk, your GP practice will contact you for a **personalised, holistic assessment**.

This means looking at:

- What matters to **you**
- Your lifestyle, support network, and preferences
- Whether digital tools feel right for you

Your personalised plan may include:

- Devices that monitor heart rate, oxygen or blood sugar
- Wellbeing trackers and regular check-ins
- Peer support with others facing similar challenges

All care and support will be **tailored to your needs**.

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## Want to find out more?

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